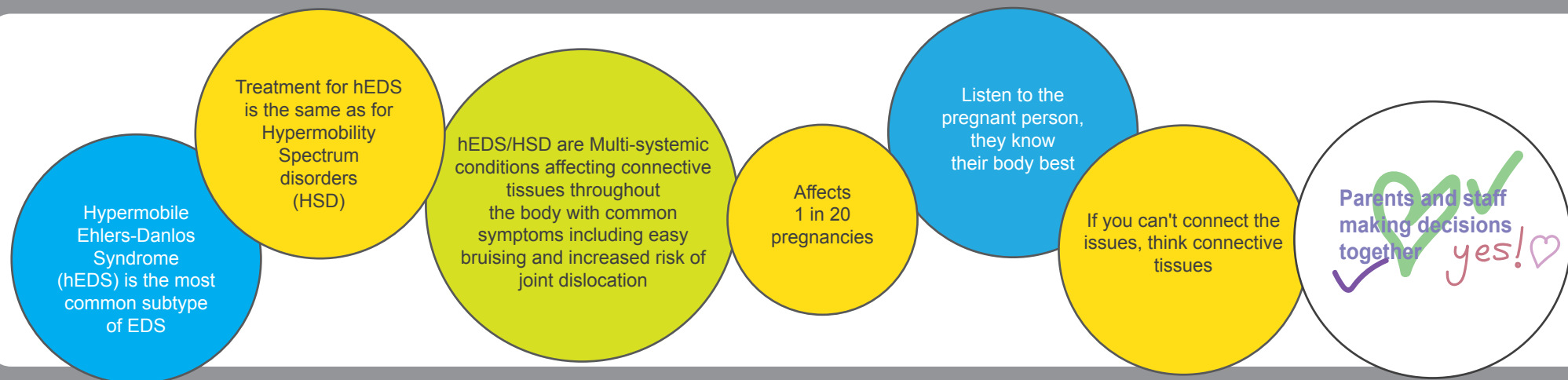


hypermobile Ehlers Danlos Syndrome (hEDS) and Hypermobility Spectrum Disorders (HSD)



Things to discuss together that might happen because of my hEDS/HSD:

- Premature birth
- Unsuccessful anaesthesia
- Pelvic organ prolapse through the vagina
- Unusually increased joint laxity (with or without dislocation)
- Complications with wound healing
- Unusually lax womb
- Potential bleeding
- Baby less likely to be in optimal position close to birth
- Unusually fast labour and/or birth

Things to know about me and my hEDS/HSD:

Things that are unique to me:

Things you can do to support me:

Things that might make symptoms worse for me:



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